

The Homestead at Anoka LIFE ENRICHMENT CALENDAR

3111 5th Ave, Anoka, MN 55303 Independent Living

August 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Volunteers of America®	1 10:00 Exercise Class-DR 1:00 Yoga w/Allison-AR 1:30 Bingo with Darlene-DR 2:30 Dominos-DR 3:30 Guy Talk-FP	2 10:00 St. Stephens Virtual Mass/Communion -CL 11:00 Drumming Fit Group-DR 1:00 Table Games-DR 7:00 Hymn Sing-Lobby	3 10:00 Yoga w/Allison-DR 1:30 Zion Holy Communion With Pastor Connie-CH 1:30 Pokeno w/ Darlene—DR 2:00-4:00 Ceramics w/Michelle-ALCR 3:00 Monthly Birthday Celebration-DR	4 10:00 Exercise Class-DR 11:30 Devotions with Chaplain Scott-CH 1:00 Cards-500 Game-DR 1:00 Table Games—FP 2:00 Prayer Grp-Chaplain Scott 3:00 Happy Hour-DR 7:00 Ladies Bible Study	5 Beauty Salon 10:00 Happy Hikers-CL 11:00 Trivia Time-IN2L 1:00 Dominoes-DR 2:00 Movie Matinee and Popcorn-CL 3:00 Sweets Time—DR	6 1:00 Everyone is welcome to play board/card games in the Rum River Room-DR
7 1:00 Join your neighbors for card/board games in the Rum River Room.	8 10:00 Exercise Class-DR 1:00 Yoga w/Allison-AR 1:30 Bingo with Darlene-DR 2:30 Dominos-DR 3:30 Guy Talk-FP	9 10:00 St. Stephens Virtual Mass/Communion -CL 11:00 Drumming Fit Group-DR 1:00 Table Games-DR 2:00 Schwan's Truck 7:00 Hymn Sing-Lobby	10 10:00 Yoga w/Allison-DR 1:30 Pokeno w/ Darlene—DR 3:00 Meet Your Manager Meeting-DR	11 10:00 Exercise Class-DR 11:30 Devotions with Chaplain Scott-CH 1:00 Cards-500 Game-DR 1:00 Table Games—FP 2:00 Prayer Grp-Chaplain Scott 3:00 Happy Hour-DR	12 Beauty Salon 10:00 Happy Hikers-CL 11:00 Trivia Time-IN2L 1:00 Dominoes-DR 2:00 Movie Matinee and Popcorn-CL 3:00 Sweets Time—DR	13 1:00 Everyone is welcome to play board/card games in the Rum River Room-DR
14 1:00 Join your neighbors for card/board games in the Rum River Room.	15 FAIR WEEK - 10:00 Exercise Class-DR 1:00 Yoga w/Allison-AR 1:30 Bingo with Darlene-DR 2:30 Dominos-DR 3:30 Guy Talk-FP	16 10:00 St. Stephens Virtual Mass/Communion -CL 11:00 Drumming Fit Group-DR 1:00 Table Games-DR 3:00 Clara the Clown—Spin the Wheel for a Prize 7:00 Hymn Sing-Lobby	17 10:00 Yoga w/Allison-DR 1:30 Pokeno w/ Darlene—DR 1-4 Fair Week—Llama Visits 3:00 Fair Treats 2:00-4:00 Ceramics w/Michelle-ALCR	18 10:00 Exercise Class-DR 11:30 Devotions with Chaplain Scott-CH 1:00 Cards-500 Game-DR 1:00 Table Games—FP 1-4 Fair Week—Llama Visits 2:00 Prayer Grp-Chaplain Scott 3:00 Fair Treats! 7:00 Ladies Bible Study	19 Beauty Salon 10:00 Happy Hikers-CL 11:00 Trivia Time-IN2L 1:00 Dominoes-DR 2:00 Movie Matinee and Popcorn-CL 3:00 Sweets Time—DR	20 1:00 Everyone is welcome to play board/card games in the Rum River Room-DR
12:00 GRUB CLUB 21 1:00 Join your neighbors for card/board games in the Rum River Room.	22 10:00 Exercise Class-DR 1:00 Yoga w/Allison-AR 1:30 Bingo with Darlene-DR 2:30 Dominos-DR 3:30 Guy Talk-FP	23 10:00 St. Stephens Virtual Mass/Communion -CL 11:00 Drumming Fit Group-DR 1:00 Table Games-DR 1:00 Watercolor with Lyndy 2:00 Schwan's Truck 7:00 Hymn Sing-Lobby	24 10:00 Yoga w/Allison-DR 1:30 Pokeno w/ Darlene—DR 2:00 Piano Music Entertainment with Nate -DR	25 10:00 Exercise Class-DR 11:30 Devotions with Chaplain Scott-CH 1:00 Cards-500 Game-DR 1:00 Table Games—FP 2:00 Prayer Grp-Chaplain Scott 3:00 Happy Hour-BYOB -DR	26 Beauty Salon 10:00 Happy Hikers-CL 11:00 Trivia Time-IN2L 1:00 Dominoes-DR 2:00 Movie Matinee and Popcorn-CL 3:00 Sweets Time—DR	27 1:00 Everyone is welcome to play board/card games in the Rum River Room-DR
28 1:00 Join your neighbors for card/board games in the Rum River Room.	29 10:00 Exercise Class-DR 11:00 Book Club-CL 1:00 Yoga w/Allison-AR 1:30 Bingo with Darlene-DR 2:30 Dominos-DR 3:30 Guy Talk--FP	30 10:00 St. Stephens Virtual Mass/Communion -CL 11:00 Drumming Fit Group-DR 1:00 Table Games-DR 3:00 HI Group-CL 7:00 Hymn Sing-Lobby	31 10:00 Yoga w/Allison-DR 1:30 Pokeno w/ Darlene—DR 3:00 RR's Craft Club!-DR	Calendar is Subject to Change. Activities might change for unforeseen reasons, Groups may be Paused. Please contact Kara if you have any questions: #763-528-6463		7:30—9:00 DR Continental Breakfast M-F DR— Dining Room CH-Chapel CL-Club Lounge AR-Aerobics Room ALCR— AL Community Room