

**Elder Homestead**  
A Senior Living and Care Community



**ASSISTED LIVING**



# ELDER HOMESTEAD

## Assisted Living

At Elder Homestead, a variety of well-appointed studio, one- and two-bedroom assisted living apartments are designed to accommodate whatever your day may bring. Whether you're entertaining friends or enjoying a quiet afternoon, your home is ideal for any occasion.

### Special Features

- Bright, open floor plans
- Kitchenette in each apartment
- Thoughtfully designed bathroom, with step-in shower and grab bars
- Individually controlled heat and air conditioning
- Blinds on all windows

### Added Conveniences

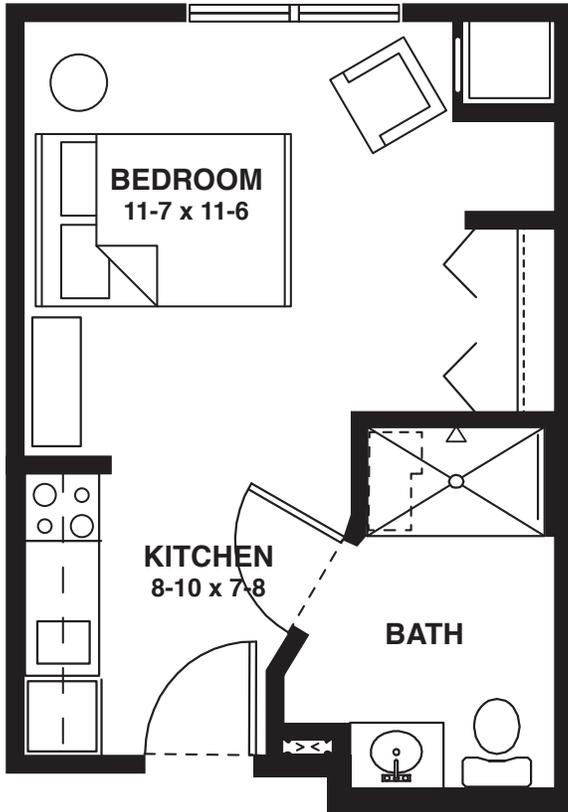
(Included in monthly rate)

- Access to personal care 24 hours/day
- Three meals daily with flexible dining options
- Daily healthy snacks
- Weekly light housekeeping services
- All utilities (excluding phone)
- Basic cable television service
- Life enrichment and educational programs
- Scheduled transportation for outings
- Personal pendant urgent call system
- Complimentary Wi-Fi
- Apartment and building maintenance
- Use of all community spaces
- Professional management by Volunteers of America
- Month-to-month residency agreement

### Floor Plans Summary

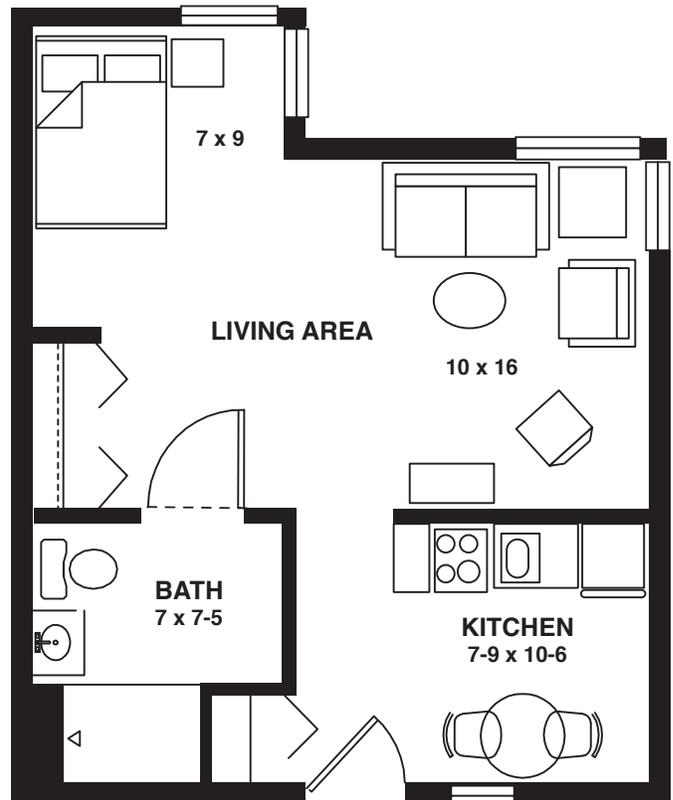
Apartment Style	Square Footage	Monthly Rate	Second Occupant Fee
Studio	409-421	\$2,960 - \$3,030	\$585/month
1 BR	499-715	\$3,130 - \$3,245	\$585/month
2 BR	1,125	\$3,245	\$640/month

# APARTMENT Floor Plans



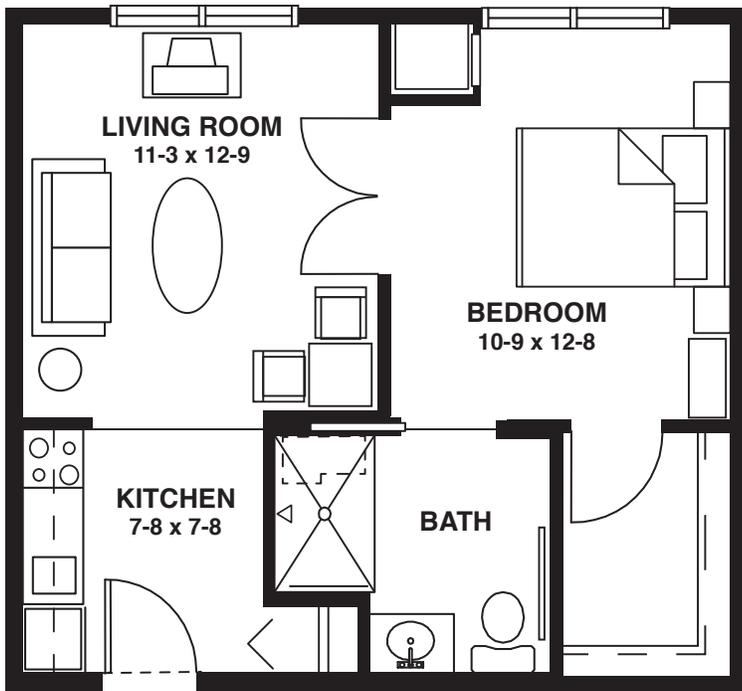
**Juniper**  
Studio  
315 sq. ft.

**Elm**  
Studio  
409 sq. ft.



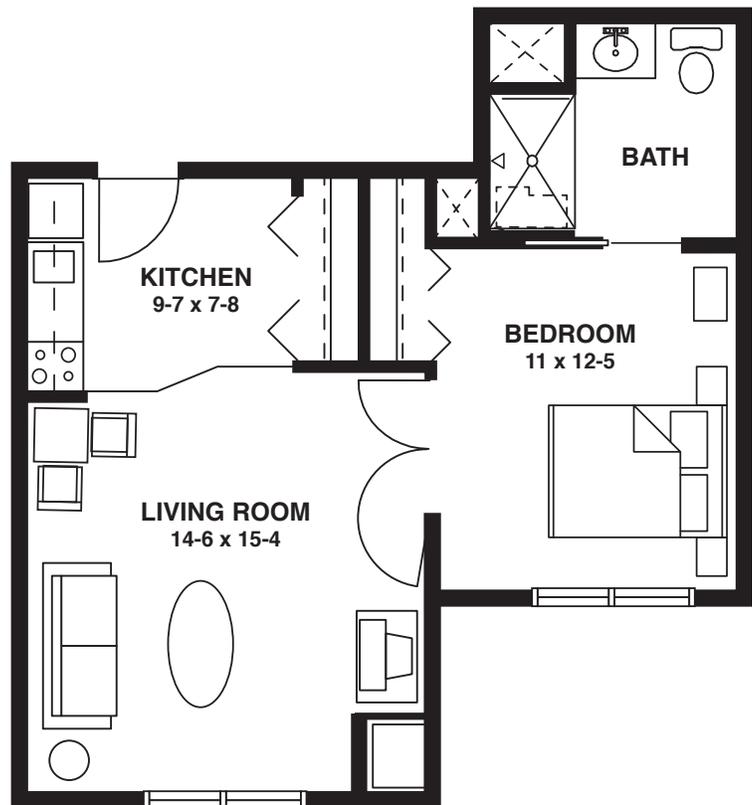
# APARTMENT

## Floor Plans

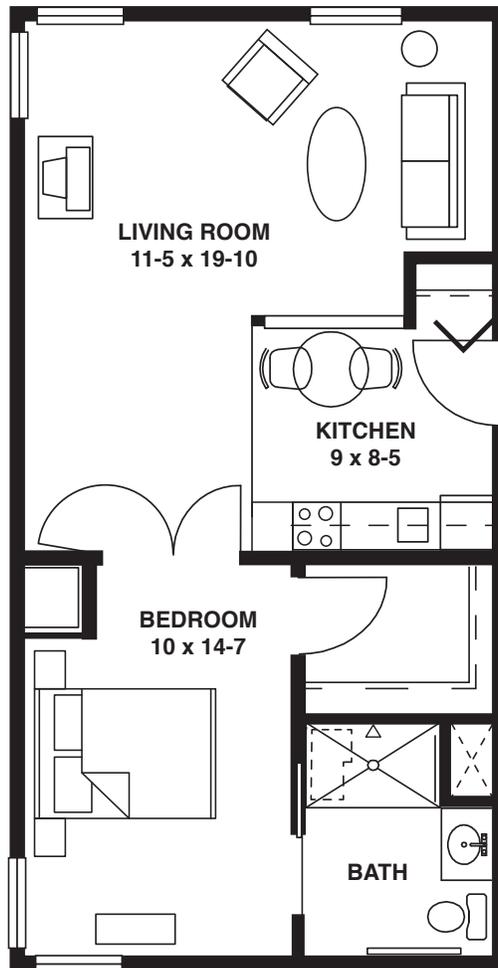


**Cypress**  
1 bedroom  
499 sq. ft.

**Silverbell**  
1 bedroom  
588 sq. ft.



# APARTMENT Floor Plans



## Rosewood

1 bedroom  
658 sq. ft.

Please ask about availability. Features, rates and amenities are subject to change.

## ASSISTED LIVING

### Personal Care

Your personalized plan of care begins with health assessments provided by a registered nurse. Together, you'll select assisted living support that suits your needs and personal preferences.

An on-site registered nurse manages your individualized plan of care, and assures that you receive the care you expect and deserve right in the comfort of your own apartment.

### Admission to Home Care

- \$360/one-time fee

Includes all assessments by a registered nurse, development of an individualized plan of care and evaluation for appropriateness of home care programs.

### Wellness Program

- all Assisted Living residents

- \$295/month

- Trained home health staff on-site 24 hours/day
- Registered nurse available on-site or by telephone 24 hours/day
- Registered nurse maintains updated plans of care, coordinates and supervises home health staff to promote quality of care
- Registered nurse visits at least every 90 days to assess appropriateness of care and services provided by health care staff
- Monthly blood pressure and weight monitoring
- Home health aide response to personal pendant calls for health-related emergencies such as falls, excessive bleeding, seizures and chest pain. Includes nurse follow-up. If continued care results, services will be charged at the designated incremental rate.

### Nursing Visit

- \$35.25/up to 15-minute increments

Injections, wound care, diabetic monitoring, foot care, laboratory orders and X-rays, pacemaker checks, etc.

### Home Health Aide

- \$14/up to 15-minute increments

Assistance with daily activities such as dressing, bathing, using the bathroom, walking and transfers, escorts and reassurance checks. Home health aides may also perform medication reminders, light meal prep and bed making.

### Medication Set-up

Licensed nurse orders medication, communicates with physician, pharmacy and family, and monitors response to medications.

- Basic (1-5 medications) - \$35.75/week
- Intermediate (6-10 medications) - \$56/week
- Complex (11+ medications) - \$67.50/ week
- \$16.50/additional charge if a medi-planner is used

### Medication Administration

- \$14/administration

Home health aides may also assist with medications given by mouth or eye drops, ear drops or other routes of administration which have been taught by a registered nurse. All home health aide duties are performed under the direction of a licensed nurse.

## ASSISTED LIVING

### Personal Care

#### Bath/Shower Assistance

- \$36.75/bath or shower

Shower or bathing assistance by a home health aide includes basic nail and foot care with exception of residents with diabetes.

#### Unlimited Escort Package

- \$510/month

Unlimited escort by a home health aide throughout Elder Homestead, to and from meals, to activities and programs, etc.

#### Escort

- \$13.25/one-way escort by staff

#### Laundry Assistance

- \$26.50/two loads

Private items and/or linens are laundered, folded and put away. Additional loads are \$12.25 each.

#### Personalized Service

- \$9/ per 15 minutes (half hour minimum)

Services not included in the Home Health agreement (non-medical).

#### Maintenance - Special Projects

- \$9/per 15 minutes (half hour minimum)

#### A la Carte Services:

Additional housekeeping - \$9.75/15 minutes

Move to new unit - \$250.00/one-time fee

Pet Deposit - \$1000 (one-time fee/nonrefundable)

Guest Lodging - \$60.00/night

Guest Meals - \$8.25/meal

Room Tray Service - \$13

Phone Service - \$20.00/month

Private Storage Locker - \$25.00/month

Bluestone On-Site Physician  
Medicare/Insurance

X-ray/Lab Services  
Medicare/Insurance

Foot Soak/Nail Care - \$48.00

*All services are private pay. Prices subject to change.*

*Wellness fee is not prorated for hospital stays or leaves of absence.*

*Medication charges will only be prorated month of move-in.*

*Volunteers of America Home Health at Elder Homestead is licensed by the Minnesota Department of Health.*

*Rates are effective October 1st, 2020.*



For more information about Elder Homestead or to schedule a welcome tour, please call 952.283.2600 or visit [elderhomestead.org](http://elderhomestead.org).

## Elder Homestead — A Senior Living and Care Community

### Living and Care Choices

- Assisted Living
- Memory Support

### Community Attractions

- Lovely walking trails
- Screened-in wrap-around porches for utmost relaxation
- Inviting community rooms and recreation rooms
- Beauty and barber salon
- Restaurant-style dining
- Robust Life Enrichment program
- Spiritual care services on-site
- Complimentary Wi-Fi

*Elder Homestead is a smoke-free community.*

*Pets are welcome. Guidelines apply.*



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11400 4th Street North  
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[Elderhomestead.org](http://Elderhomestead.org)  
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Elder Homestead is a Volunteers of America community. Founded in 1896, Volunteers of America is a national, faith-based, nonprofit organization dedicated to serving almost 2 million people each year.

