MEMORY SUPPORT
THE HOMESTEAD AT ANOKA
Memory Support

Making sure your loved one receives excellent care is your top priority. It’s ours, too. Within The Homestead at Anoka’s intimate memory support household, individuals with memory loss move throughout their days enjoying the freedom to be active and social while receiving person-centered care and supervision in a welcoming, appealing place to call home.

The Homestead at Anoka features the perfect blend of residential memory support with customized health services and life enrichment programs. Our compassionate, professionally trained staff takes pride in enriching the lives of our residents by celebrating individuality, supporting choice and encouraging independence whenever possible.

You can sum up our philosophy simply: we care for those we serve like we’d care for members of our own family.

Special Features

- Comfortable residences with managed access
- Private suites
- Thoughtfully designed bathrooms with walk-in shower and grab bars
- Secure outdoor courtyard
- Specially trained staff
- Licensed nursing

Added Conveniences
(Included in monthly rate)

- Three daily meals and snacks
- Weekly light housekeeping
- Weekly personal laundry (two loads)
- Complimentary wireless Internet
- All utilities (heat, electric, central air, water and trash)
- Music therapy and *It’s Never Too Late*® sensory program
- Planned life enrichment activities and programs based upon individual interests
- Priority access to other Homestead at Anoka living and care options based on availability
- Professional management by Volunteers of America
- Month-to-month residency agreement

Extra Services
(Available for additional fee)

- Second occupant fee
- Access to personal care 24-hours/day through Volunteers of America Home Health at Anoka
- Additional housekeeping
- Guest meals
- Guest suite
- Beauty and barber services
- Cable TV and telephone
- Additional laundry and linen services
Quality In Living Today (QuILT)

Much like creating a quilt by selecting colorful fabric pieces to develop its design, in our QuILT program we choose from a variety of stimulating daily activities that add to the quality of our lives. When people in our care, their families, our staff and The Homestead community work together, we can support each other in consciously choosing activities that optimize health and wellbeing of mind, body and spirit.

The QuILT program also enhances individualized, structured daily care for those with memory loss. QuILT grants us an extraordinary opportunity to share Volunteers of America’s ministry of service, as well as to raise the standard for delivery of compassionate memory support.

APARTMENT
Floor Plans

Franklin
Studio
380 sq. ft.
Monthly rate: $3,410

*Floor plan features are subject to change without notice. Stated dimensions and square footage are approximate.
Anoka

Studio
396 sq. ft.
Monthly rate: $3,470
Aldrich

1 Bedroom
514 sq. ft.
Monthly rate: $3,740

Floor plans shown depict a sampling of styles; stated dimensions and square footage are approximate. Please ask about availability. Features, amenities and rates are subject to change.

### Rental Rates

<table>
<thead>
<tr>
<th>Apartment Style</th>
<th>Square Footage</th>
<th>Monthly Rate</th>
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</thead>
<tbody>
<tr>
<td>Studios</td>
<td>380-396</td>
<td>$3,410-$3,470</td>
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<tr>
<td>1 BR</td>
<td>514</td>
<td>$3,740</td>
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MEMORY SUPPORT
Personal Care

Personalized memory support begins with a health care assessment provided by a registered nurse, who collaborates with each resident’s physician to develop individualized plans for health care and personal care services. An on-site registered nurse provides coordination for plans of care.

Admission to Home Care
- $380/one-time fee

Includes all assessments by a registered nurse, including admission assessments, development of an individualized plan of care and evaluation for appropriateness of home care programs.

Level I - Basic
— $2,935/month

- Registered nurse coordination
- Coordination of clinic appointments, hospital transfers and other professional services
- Electronic health record
- Medication set-up – including medication ordering and communication with physician, pharmacy and family
- Medication administration up to three (3) times per day
- Personal care, such as dressing, grooming and using the bathroom is provided through verbal cueing and direction, rather than hands-on assistance
- Bathing is provided two (2) times a week through verbal cueing and direction, rather than hands-on assistance
- Continence is managed with the use of continence products. Continence product is paid for by resident
- Dining set-up and observation

Level II - Enhanced
— $3,395/month

- Registered nurse oversight
- Coordination of clinic appointments, hospital transfers and other professional services
- Electronic health record
- Medication set-up – including medication ordering and communication with physician, pharmacy and family
- Personal care such as dressing, grooming and using the bathroom is provided through verbal cueing and direction, as well as hands-on assistance
- Medication administration four (4) or more times per day
- Bathing is provided three (3) times a week through verbal cueing, as well as hands-on assistance
- Incontinence is managed with the use of incontinence products and/or routine assistance using the bathroom. Incontinence product is paid for by resident
- Dining set-up, food set-up and observation with verbal cueing
- Simple staff intervention may be required to manage/redirect resident
Level III - Advanced  
— $4,370/month

- Ordering from pharmacy other than The Homestead’s consulting pharmacy
- Registered nurse coordination
- Coordination of clinic appointments, hospital transfers and other professional services
- Electronic health record
- Medication set-up – including medication ordering and communication with physician, pharmacy and family
- Complex medication monitoring and administration, including, but not limited to: Coumadin, insulin management (not sliding scale), and oxygen management (supplies paid for by resident)
- Continence is managed with the use of continence products and scheduled assistance using the bathroom. Continence product is paid for by resident
- Personal care such as dressing, grooming and using the bathroom is provided through verbal cueing and direction, as well as hands-on assistance
- Bathing is provided three (3) times a week through verbal cueing as well as hands-on assistance
- Assistance with one-person transfers and walking
- Dining set-up, food set-up and observation with occasional, one-on-one assistance
- Regular staff intervention may be required to manage/redirect resident

A La Carte Additional Options
(Available for additional fee)

- Additional shower/bath assistance
- Specialized nurse visits
- Ordering from pharmacy other than The Homestead’s consulting pharmacy

LTC Insurance Assistance
- $52/month

Assist with the coordination of required clinical documents for LTC insurance policies.

All services are private pay. Prices subject to change.  
Volunteers of America Home Health at Anoka is licensed by the Minnesota Department of Health.  
Rates are effective March 1st, 2020.
The Homestead at Anoka—
A Senior Living and Care Community

The Homestead at Anoka is a community filled with possibilities. Set amid the trails of the Rum River in historic Anoka, you’ll find small town ease and sensibility, combined with the convenience and inspiration of a thriving, vibrant neighborhood.

At The Homestead, you can take comfort in knowing your needs can be met today and tomorrow, through an array of thoughtfully planned living choices and amenities.

Living and Care Choices

• Spacious, well-appointed independent living apartments
• Thoughtfully designed assisted living apartments
• Private, nurturing memory support residences
• State-of-the-art care center offering short-term rehabilitation; long-term care; cardiac care; and specialized memory support

Community Attractions

• Meditation chapel
• Rehabilitation clinic
• Fitness center
• Garden area
• Bistro
• General store
• Club lounge
• Walking trail
• Community room
• Complimentary Wi-Fi
• Restaurant-style dining
• Private dining room
• Beauty and barber salon
• Guest suite
• Outdoor courtyard

The Homestead at Anoka is a smoke-free community.