

# Sleepy Eye Senior Living

## Volunteers of America Sleepy Eye Area Home Health

**Licensed nurses and home health aides from Sleepy Eye Area Home Health deliver individualized health care, personal care and light housekeeping services right to your door** to help you live healthier – and to make your life a little easier. Friendly and compassionate, our staff are specially trained to care for your needs as an individual, to respect your privacy and to help you maintain your highest levels of health and independence.

When you need higher-level care due to a change in health, or short-term assistance while recovering from illness or a hospital stay, our in-home services can be a lower-cost alternative to inpatient care and may decrease the likelihood of a return to the hospital.

### Personal Care and Services

Your in-home care begins with a health assessment by a registered nurse who develops your plan of care in collaboration with you and your physician, and coordinates the services you choose. Sleepy Eye Area Home Health is licensed by the State of Minnesota.

#### SPECIAL FEATURES

- Home health aide assistance with daily activities such as dressing, grooming and bathing
- Disease and medication management
- Diabetes management and education
- Pain management and wound care
- Coordination of additional community services
- Lab testing and finger stick INRs (Countryside Retirement Community)
- Whirlpool therapy (Countryside and Ross Park)
- Physical and occupational therapy, and speech/language pathology (outpatient only)



*Please call us for a complimentary Sleepy Eye Area Home Health in-home consultation. We look forward to meeting you! 507.794.3594*

## In-home Nursing

In association with your primary care physician, Sleepy Eye Area Home Health licensed nurses visit you right at home with an individualized plan of care that makes attending to your health a little easier. In addition, your in-home nursing professional can offer some assistance with the coordination of other health care support. During an in-home visit, your home health nurse may assist you with a variety of in-home services.

### SPECIAL FEATURES

- Monitoring, evaluation and updating of personal care plan through health assessment
- Assistance with communication to physician, pharmacy and family
- Set-up and administration of medication, and management of laboratory orders
- Monitoring of vital signs, weights, treatments, and medication set-up/administration
- Care for wounds, and monitoring of blood glucose and finger-stick INRs
- Assistance with scheduling physician appointments or transportation

## Home Health Aides

Our certified home health aides are specially trained and supervised by a registered nurse to provide you with care and services that meet Volunteers of America's exacting standards.

### SPECIAL FEATURES

- Medication administration under the direction of a registered nurse
- Assistance with daily activities such as bathing, dressing and grooming
- Light homemaker services including laundry and light housekeeping
- Reassurance check-ins and medication reminders
- Basic nail care for those who are not diabetic



## Sleepy Eye Area Home Health Service Area

Sleepy Eye Area Home Health delivers in-home care within a 30-mile radius of Sleepy Eye. Services are available 24 hours/day within Countryside Retirement Community and 12 hours/day at Ross Park Apartments.

### FINANCING

Sleepy Eye Area Home Health accepts private pay for in-home visits in the Sleepy Eye community. Within Countryside Retirement Community and Ross Park Apartments, SEAHH accepts private pay; long-term care insurance; Community Access for Disability Waiver and MN Elderly Waiver (EW). For information about enrolling in EW, please call the Senior LinkAge Line at 800.333.2433 or Brown County Family Service at 507.359.6500.

### SLEEPY EYE SENIOR LIVING

From independent living and long-term care to community-based day services, we provide a range of thoughtfully designed living and care options for older adults and their families. At Sleepy Eye Senior Living, you can take comfort in knowing your needs can be met today and tomorrow. [sleepyeyecare.org](http://sleepyeyecare.org)



**Sleepy Eye Area Home Health**  
1100 First Avenue S  
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507.794.3594  
[sleepyeyehomehealth.org](http://sleepyeyehomehealth.org)

Volunteers of America is a national, nonprofit, faith-based organization dedicated to helping those in need. We touch the lives of almost 2 million people each year.

