







The Homestead at Anoka Assisted Living Calendar

NOVEMBER 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Be sure to check the weekly & the daily calendars for details & for any changes</p>	<p>*Sign up in Binder by Mailboxes ***Call 763-528-6462 Prior to Apt To Schl Doc Apt Ride \$ Money is needed <i>Foot Care Contacts Info in Binder by Mailboxes</i></p>			<p>All Saints Day 1 ***9:00-2:30 Doc Apt. Rides 9:30 Walking Group - CR 10:00 Catholic Service - CH1 10:00 Coffee Social - CL 12:45 Interfaith Devotions-CH1 1:30 Staying Fit - AR 2:00 Cribbage - CL 3:30 Tone Chime Choir - CH1</p>	<p>2 9:30 Catholic Mass - CH1 10:00 Staying Fit - AR 10:00 Guy Talk - CL 1:00 500 Card Game - CL 2:30-3:30 Schwan's Truck-IL 3:30 Entertainment by Richard Szyplinski - CR 6:00 Bingo - CR</p>	<p>3 1:00 Bingo - CR 3:30 Stretch with Svetlana - AR</p> 
<p>4 Daylight Saving Time Ends 9:15 Worship - CH1 12:00 Vikings Game-CR 6:00 Bingo - CR</p>	<p>5 10:00 Staying Fit - AR 10:00 Guy Talk - CL 1:15 Pokeno Game - CR 2:30 Happy Hour - CR</p>	<p>6 Election Day *9:00 Outing: Walmart \$ 10:30 Rosary - CH2 1:00 Manicures - CR 2:15 Balloon Volleyball-CR 3:00 Dominoes - CL 6:00 Bingo - CR</p> 	<p>7 8:30 Pray Anoka Group-CH1 10:00 Staying Fit - AR *11:00 Outing: Lunch at Kam Wong's Chow Mein \$ 2:00 Zion Lutheran with communion - CH1 3:15 Bingo - CR</p>	<p>8 ***9:00-2:30 Doc Apt. Rides 9:30 Walking Group - CR 10:00 Catholic Service - CH1 11:30 Birthday Party Buffet-DR 12:45 Interfaith Devotions-CH1 1:30 Staying Fit - AR 2:00 Cribbage - CL 3:30 Tone Chime Choir - CH1</p>	<p>9 Pat W. B-day 10:00 Staying Fit - AR 10:00 Guy Talk - CL 2:00 Celebrate Veterans Program - IL 6:00 Bingo - CR</p>	<p>10 1:00 Bingo - CR 3:30 Tea Social - CL</p>
<p>11 Veterans Day 9:15 Worship - CH1 6:00 Bingo - CR</p> 	<p>12 Vel D. B-day Cheryl Foot Care 10:00 Staying Fit - AR 10:00 Guy Talk - CL 1:15 Pokeno Game - CR 2:30 Happy Hour - CR</p>	<p>13 *9:00 Outing: Walmart \$ 10:30 Rosary - CH2 1:00 Sweep Six Dice - CL 2:15 Staying Fit - AR 3:00 Dominoes - CL 6:00 Bingo - CR</p>	<p>14 8:30 Pray Anoka Group-CH1 10:00 Staying Fit - AR 12:45 Resident Council Meeting - CR 2:15 Treats, Chats & Knit with Debra - CL 3:15 Bingo - CR</p>	<p>15 Eugene J. B-day 15 ***9:00-2:30 Doc Apt. Rides 9:30 Walking Group - CR 10:00 Catholic Service - CH1 10:00 Coffee Social - CL 12:45 Interfaith Devotions-CH1 2:30 Greet Your Neighbor Pie Social-DR 3:30 Tone Chime Choir - CH1 6:00 Sing Along w/Svetlana-CH1</p>	<p>16 Mary H. & Judy M. Bday 16 9:30 Catholic Service - CH2 10:00-4:00 Holiday Boutique Craft Fair - IL 10:00 Guy Talk - CL 1:00 500 Card Game - CL 2:30-3:30 Schwan's Truck-IL 3:30 Entertainment by Accordin' to Pete - CR 6:00 Bingo - CR</p> 	<p>17 1:00 Bingo - CR 3:30 Treats & Trivia - CL</p>
<p>18 9:15 Worship - CH1 12:00 Vikings Game-CR 6:00 Bingo - CR</p>	<p>19 Art W. B-day 10:00 Staying Fit - AR 10:00 Guy Talk - CL 1:15 Pokeno Game - CR 2:30 Happy Hour - CR</p>	<p>20 *9:00 Outing: Walmart \$ 10:30 Rosary - CH2 1:00 Water Color Painting Class - CR 3:00 Dominoes - CL 6:00 Bingo - CR</p>	<p>21 8:30 Pray Anoka Group-CH1 9:30 Zion Lutheran - CH2 10:00 Staying Fit - AR 1:30 Wii Bowling - CR 3:15 Bingo - CR</p>	<p>22 Thanksgiving 22 No Doc Apt. Rides 10:00 Catholic Service - CH1 10:00 Coffee Social - CL</p> 	<p>23 10:00 Staying Fit - AR 10:00 Guy Talk - CL 1:00 500 Card Game - CL 3:30 Entertainment by Monroe Wright - CR 6:00 Bingo - CR</p>	<p>24 1:00 Bingo - CR 3:30 Stretch with Svetlana - AR</p>
<p>25 9:15 Worship - CH1 6:00 Bingo - CR</p>	<p>26 10:00 Staying Fit - AR 10:00 Guy Talk - CL 1:15 Pokeno Game - CR 2:30 Happy Hour - CR</p>	<p>27 *9:00 Outing: Target \$ 10:30 Rosary - CH2 1:00-2:30 Advanced Hearing Care - CR 1:00 LCR Dice Game - CL 2:15 Staying Fit - AR 3:00 Dominoes - CL 6:00 Bingo - CR</p>	<p>28 8:30 Pray Anoka Group-CH1 10:00 Staying Fit - AR *1:00 Outing: Shopping at JC Penney \$ 2:15 Treats, Chats & Knit with Debra - CL 3:15 Bingo - CR</p>	<p>29 ***9:00-2:30 Doc Apt. Rides 9:30 Walking Group - CR 10:00 Catholic Service - CH1 10:00 Coffee Social - CL 12:45 Interfaith Devotions-CH1 1:30 Staying Fit - AR 2:00 Cribbage - CL 3:00 Book Club - BL 3:30 Tone Chime Choir - CH1</p>	<p>30 10:00 Staying Fit - AR 10:00 Guy Talk - CL 1:00 500 Card Game - CL 2:30-3:30 Schwan's Truck-IL 3:30 Entertainment by Melody & Praise - CR 6:00 Bingo - CR</p>	<p>AR - Aerobics Room BL - Book Lounge CH1 - 1st floor Chapel CH2 - 2nd floor Chapel CL - Club Lounge CR - Community Room DR - Dining Room IL-Independent Living</p>


The Homestead at Anoka, Independent Living Calendar NOVEMBER 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Legend: CH – Chapel 1st Floor DR – Dining Room 1st Fl FR – Fitness Room 2nd Fl RL–Reception Lounge 1st Fl ALCR – Assisted Living Community Room</p>	<p>*Sign up in Binder Front Lobby ***Call 763-528-6462 Prior to Apt To Schl Doc Apt Ride \$ Money is needed <i>Foot Care Contacts Info in Binder Front Lobby</i></p>	<p style="font-size: 2em; color: red; font-weight: bold;">Happy November Birthdays!!!</p>		<p style="text-align: center;"><i>All Saints Day</i> ¹</p> <p>***9:00-2:30 Doc Apt. Rides 10:00 Catholic Service - CH 11:00 Book Club – CL 12:45 Interfaith Devotions-CH 3:30 Pokeno Game – DR *5:30 Supper Buffet \$ - DR</p>	<p style="text-align: center;">²</p> <p>7:30-9:00 Continental Breakfast - DR 9:30 Catholic Mass - CH 10:30 Happy Hikers – DR 1:00 Bingo – DR 2:15 Movie Matinee - CL 2:30-3:30 Schwan's Truck-RL</p>	<p style="text-align: center;">³</p> <p>1:00 Card Bingo - DR</p> <div style="text-align: right;">  <p style="font-size: 0.8em;">Set your clocks BACK one hour before going to bed tonight.</p> </div>
<p style="text-align: center;">⁴</p> <p><i>Daylight Saving Time Ends</i> 9:15 Worship – CH 12:00 Vikings Game - CL</p>	<p style="text-align: center;">⁵</p> <p>7:30-9:00 Continental Breakfast – DR 10:30 Sit/Stand Fitness – FR 1:15 500 card game – DR 4:00 Guy Talk – CL</p>	<p style="text-align: center;"><i>Election Day</i> ⁶</p> <p>*9:30 Outing: Walmart \$ 4:00 Wine & Cheese Social – DR</p> <div style="text-align: center;">  </div>	<p style="text-align: center;">⁷</p> <p>7:30-9:00 Continental Breakfast-DR 8:30 Pray Anoka Group - CH 10:30 Sit/Stand Fitness - FR 2:00 Zion Lutheran Service with Communion – CH 3:30 Meet w/Manager Social-DR 4:30 Entertainment by Lake Rose Strings, violin duo - DR</p>	<p style="text-align: center;">⁸</p> <p>***9:00-2:30 Doc Apt. Rides 10:00 Catholic Service - CH 12:45 Interfaith Devotions-CH 3:30 Pokeno Game – DR *5:30 Supper Buffet \$ - DR</p>	<p style="text-align: center;">⁹</p> <p>7:30-9:00 Continental Breakfast – DR 10:30 Happy Hikers – DR 2:00 Celebrate Veterans Program – RL/DR</p>	<p style="text-align: center;">¹⁰</p>
<p style="text-align: center;"><i>Veterans Day</i> ¹¹</p> <p>9:15 Worship – CH</p> <div style="text-align: center;">  </div>	<p style="text-align: center;">¹²</p> <p>7:30-9:00 Continental Breakfast - DR 10:30 Sit/Stand Fitness – FR *12:00-5:00 Cheryl Foot Care \$ - FR 1:15 500 card game – DR 4:00 Guy Talk – CL</p>	<p style="text-align: center;">¹³</p> <p>*9:30 Outing: Walmart \$ 1:00 Water Color Painting Class, Join the fun! - DR 4:00 Wine & Cheese Social – DR</p>	<p style="text-align: center;">¹⁴</p> <p>7:30-9:00 Continental Breakfast - DR 8:30 Pray Anoka Group - CH 10:30 Sit/Stand Fitness-FR 1:15 Music w/ Marissa – RL 2:15 Treats, Chat & Knit -ALCR 3:30 Celebrate November Birthdays – DR</p>	<p style="text-align: center;">¹⁵</p> <p>***9:00-2:30 Doc Apt. Rides 10:00 Catholic Service - CH 11:00 Book Club – CL 12:45 Interfaith Devotions-CH 3:30 Pokeno Game – DR *5:30 Supper Buffet \$ - DR 6:00 Sing Along w/Svetlana-CH</p>	<p style="text-align: center;">¹⁶</p> <p>7:30-9:00 Continental Breakfast – DR 9:30 Catholic Service - 2nd Floor Care Center Chapel 10:00-4:00 Holiday Boutique Craft Fair -DR/RL 2:30-3:30 Schwan's Truck-RL</p>	<p style="text-align: center;">¹⁷</p> <p>1:00 Card Bingo - DR *2:30-4:30 Free Hand Massages using Essential Oils with Sheri (sign-up in binder) - FR</p>
<p style="text-align: center;">¹⁸</p> <p>9:15 Worship – CH 12:00 Vikings Game - CL</p>	<p style="text-align: center;">¹⁹</p> <p>7:30-9:00 Continental Breakfast – DR 10:30 Sit/Stand Fitness – FR 1:15 500 card game – DR 4:00 Guy Talk – CL</p>	<p style="text-align: center;">²⁰</p> <p>*9:30 Outing: Walmart \$ 4:00 Wine & Cheese Social with Entertainment by Jim Berner – DR</p>	<p style="text-align: center;">²¹</p> <p>7:30-9:00 Continental Breakfast-DR 8:30 Pray Anoka Group – CH 10:30 Sit/Stand Fitness-FR 3:30 Ed's Bakery Break Social w/Pies from Baker's Square – DR</p>	<p style="text-align: center;"><i>Thanksgiving</i> ²²</p> <p>No Doc Apt. Rides 10:00 Catholic Service - CH</p> <div style="text-align: center;">  </div>	<p style="text-align: center;">²³</p> <p>7:30-9:00 Continental Breakfast – DR 10:30 Happy Hikers – DR 1:00 Bingo – DR 2:15 Movie Matinee - CL</p>	
<p style="text-align: center;">²⁵</p> <p>9:15 Worship – CH 7:20 Vikings Game - CL</p> <div style="text-align: center;">  </div>	<p style="text-align: center;">²⁶</p> <p>7:30-9:00 Continental Breakfast – DR 10:30 Sit/Stand Fitness – FR 1:15 500 card game – DR 4:00 Guy Talk – CL</p>	<p style="text-align: center;">²⁷</p> <p>*9:30 Outing: Target \$ 1:00-2:30 Advanced Hearing Care - ALCR 4:00 Wine & Cheese Social – DR</p>	<p style="text-align: center;">²⁸</p> <p>7:30-9:00 Continental Breakfast - DR 8:30 Pray Anoka Group - CH 10:30 Sit/Stand Fitness-FR *1:00 Outing: Shopping at JC Penney \$ 1:15 Music w/ Marissa – RL 2:15 Treats, Chat & Knit -ALCR</p>	<p style="text-align: center;">²⁹</p> <p>***9:00-2:30 Doc. Apt. Rides 10:00 Catholic Service - CH 12:45 Interfaith Devotions-CH 3:30 Pokeno Game – DR *5:30 Supper Buffet \$ - DR</p>	<p style="text-align: center;">³⁰</p> <p>7:30-9:00 Continental Breakfast – DR 10:30 Happy Hikers – DR 1:00 Bingo – DR 2:15 Movie Matinee - CL 2:30-3:30 Schwan's Truck-RL</p>	<p style="text-align: center; color: blue; font-weight: bold;">Bistro Open Daily 12:00-1:30 \$</p> <div style="text-align: center;">  </div>

The Homestead at Anoka

Memory Support Calendar

NOVEMBER 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Legend:</p> <p>(LE) Life Enrichment</p> <p>(HHA) Home Health Aides</p>	 <p>HAPPY BIRTHDAY</p> <p>June – 3rd Arlene – 18th</p>	<p>Be sure to check your weekly calendars for details & for any changes</p>		<p>10:00 Catholic Service – 1st Floor Chapel</p> <p>11:00 Music & Movement (LE)</p> <p>12:45 Inter-Faith Devotions – 1st Floor Chapel</p> <p>1:30 Guy Talk w/George (LE)</p> <p>2:00 Exercise w/George (LE)</p> <p>State Trivia – iN2L (HHA)</p>	<p>9:30 St. Stephen's Service – Chapel (LE)</p> <p>10:30 Pedal Pushers (LE)</p> <p>10:45 iN2L Crosswords (LE)</p> <p>1:00 Bingo (LE)</p> <p>2:00 Cards & Coffee (LE)</p> <p>3:30 Entertainment by Richard Szyplinski – 1st Floor</p>	<p>Balloon Ball (HHA)</p> <p>11:00 Morning Stretch (LE)</p> <p>1:00 Which Came First? (LE)</p> <p>“The Carol Burnett Show” – iN2L (HHA)</p> <p>Sing Along with Susie Q – iN2L (HHA)</p>
<p>Daylight Savings Ends 4</p> <p>9:15 Sunday Worship with Riverdale Church – 1st Floor Chapel</p> <p>11:00 Current Events (LE)</p> <p>1:00 Word Games (LE)</p> <p>12:00 Vikings Game</p> <p>Classic Radio Show (HHA)</p>	<p>9:45 Toss ‘n’ Talk (LE)</p> <p>10:30 Devotions with Pastor Bruce (LE)</p> <p>11:00 Decorating Veteran’s Display (LE)</p> <p>1:00 Afternoon Walk (LE)</p> <p>2:00 Cards & Coffee (LE)</p> <p>iN2L Name That Sound (HHA)</p>	<p>9:45 Hymn Sing (LE)</p> <p>10:30 Exercise Video (LE)</p> <p>11:00 Price is Right (LE)</p> <p>1:30 Guy Talk w/George (LE)</p> <p>2:00 Reminisce w/George (LE)</p> <p>iN2L Laughter (HHA)</p> <p>iN2L Name That Sound (HHA)</p>	<p>9:45 Devotions (LE)</p> <p>10:30 Toss ‘n Talk (LE)</p> <p>11:00 Creative Crafting (LE)</p> <p>2:00 Zion Lutheran Communion Service – 1st Floor Chapel</p> <p>iN2L Karaoke (HHA)</p>	<p>10:00 Catholic Service – 1st Floor Chapel</p> <p>11:00 Music & Movement (LE)</p> <p>12:45 Inter-Faith Devotions – 1st Floor Chapel</p> <p>1:30 Guy Talk w/George (LE)</p> <p>2:00 Exercise w/George (LE)</p> <p>Seasonal Trivia - iN2L (HHA)</p>	<p>9:45 Hymn Sing (LE)</p> <p>10:30 Pedal Pushers (LE)</p> <p>11:00 Television & Movie Songs (LE)</p> <p>2:00 Celebrate Veterans Program – 1st Floor IL Lobby</p> <p>3 of a Kind – iN2L (HHA)</p>	<p>Current Events (HHA)</p> <p>11:00 Noodlecises (LE)</p> <p>1:00 Manicures (LE)</p> <p>Sorting & Organizing (HHA)</p> <p>iN2L Pastimes (HHA)</p> <p>Family Feud – iN2L (HHA)</p>
<p>Veteran's Day 11</p> <p>9:15 Sunday Worship with Riverdale Church – 1st Floor Chapel</p> <p>11:00 Veterans Trivia – iN2L (LE)</p> <p>1:00 Patriotic Music & Videos – iN2L (LE)</p> 	<p>9:45 Balloon Games (LE)</p> <p>10:30 Devotions with Pastor Bruce (LE)</p> <p>11:00 Price is Right – iN2L Game (LE)</p> <p>1:30 Afternoon Walk (LE)</p> <p>2:00 Cards & Coffee (LE)</p> <p>Around the House – iN2L (HHA)</p>	<p>9:45 Hymn Sing (LE)</p> <p>10:30 Morning Stretch (LE)</p> <p>11:00 Dice Games (LE)</p> <p>1:30 Guy Talk w/George (LE)</p> <p>2:00 Reminisce w/George “The Andy Griffith Show” – iN2L (HHA)</p> <p>Around Town – iN2L (HHA)</p>	<p>9:45 Devotions (LE)</p> <p>10:30 Morning Walk (LE)</p> <p>11:00 Match the Music (LE)</p> <p>Coloring Crew (HHA)</p> <p>2:30 Cowboy Singalong (LE)</p> <p>Aquapainting (HHA)</p> 	<p>10:00 Catholic Service – 1st Floor Chapel</p> <p>11:00 Noodlecises (LE)</p> <p>12:45 Inter-Faith Devotions – 1st Floor Chapel</p> <p>1:30 Guy Talk w/George (LE)</p> <p>2:00 Brain Games w/George</p> <p>What Did it Cost? – iN2L (HHA)</p>	<p>9:45 Devotions (LE)</p> <p>10:30 Pedal Pushers (LE)</p> <p>10:00-4:00 Holiday Boutique Craft Fair – IL Dining Room</p> <p>3:30 Entertainment by Accordin’ to Pete – 1st Floor</p> <p>Travel the Globe (HHA)</p> 	<p>Tic-Tac-Toe Toss (HHA)</p> <p>11:00 Name That Tune (LE)</p> <p>1:00 Finishing Lyrics (LE)</p> <p>iN2L Opposites (HHA)</p> <p>iN2L Sing Along with Susie Q (HHA)</p> 
<p>9:15 Sunday Worship with Riverdale Church – 1st Floor Chapel</p> <p>11:00 Sing Along (LE)</p> <p>12:00 Vikings Game</p> <p>1:00 Singo (LE)</p> <p>iN2L Karaoke – iN2L (HHA)</p>	<p>9:45 Exercise Video (LE)</p> <p>10:30 Devotions with Pastor Bruce (LE)</p> <p>11:00 Conversation Cards (LE)</p> <p>1:30 Afternoon Walk (LE)</p> <p>2:30 Reminisce – Pastimes iN2L (LE)</p>	<p>9:45 Hymn Sing (LE)</p> <p>10:15 Categorizing (LE)</p> <p>10:45 Music & Movement (LE)</p> <p>11:15 EZ Does it Random Trivia (LE)</p> <p>1:30 Guy Talk w/George (LE)</p> <p>2:00 Brain Games w/George “The Lucy Show “ – iN2L (HHA)</p>	<p>9:45 Devotions (LE)</p> <p>10:30 Golf (LE)</p> <p>11:00 Thanksgiving Charades & Pictionary (LE)</p> <p>1:30 “Never Have I Ever” (LE)</p> <p>3:30 Pie Social (LE)</p> <p>Coloring Crew (HHA)</p> <p>Thanksgiving Puzzles (HHA)</p>	<p>Thanksgiving Day 22</p> <p>10:00 Catholic Service – 1st Floor Chapel</p> <p>Thanksgiving Coloring (HHA)</p> <p>3:00 Turkey Tail Bingo (LE)</p> 	<p>9:45 Hymn Sing (LE)</p> <p>10:30 Pedal Pushers (LE)</p> <p>11:00 Which Came First? (LE)</p> <p>12:00 Bring-In Lunch (LE)</p> <p>1:30 Bingo (LE)</p> <p>2:30 Hot Chocolate Social (LE)</p> <p>3:30 Entertainment by Monroe Wright - 1st Floor</p> <p>Movie Night (HHA)</p> 	<p>Balloon Ball (HHA)</p> <p>11:00 What Did it Cost? (LE)</p> <p>1:00 Cards & Coffee (LE)</p> <p>iN2L Games (HHA)</p> <p>iN2L Laughter (HHA)</p> 
<p>9:15 Sunday Worship with Riverdale Church – 1st Floor Chapel</p> <p>11:00 Morning Stretch (LE)</p> <p>1:00 Which Came First? – iN2L (LE)</p> <p>7:20 Vikings Game</p>	<p>9:45 Toss ‘n Talk (LE)</p> <p>10:30 Devotions with Pastor Bruce (LE)</p> <p>11:00 Centennial Dice Game</p> <p>2:00 Birthday Party</p> <p>iN2L Pastimes (HHA)</p> 	<p>9:45 Hymn Sing (LE)</p> <p>10:30 Morning Stretch (LE)</p> <p>11:00 Video Reminiscing (LE)</p> <p>1:30 Guy Talk w/George (LE)</p> <p>2:00 Reminisce w/George “The Andy Griffith Show” – iN2L (LE)</p>	<p>9:45 Devotions (LE)</p> <p>10:30 Golf (LE)</p> <p>11:00 What is It? (LE)</p> <p>2:30 Cowboy Singalong (LE)</p> <p>“Roy Rogers Show” – iN2L (HHA)</p> 	<p>10:00 Catholic Service – 1st Floor Chapel</p> <p>11:00 Music & Movement (LE)</p> <p>12:45 Inter-Faith Devotions – 1st Floor Chapel</p> <p>1:30 Guy Talk w/George (LE)</p> <p>2:00 Brain Games w/George</p> <p>What Did it Cost? – iN2L (HHA)</p>	<p>9:45 Hymn Sing (LE)</p> <p>10:30 Balloon Ball (LE)</p> <p>11:00 Family Feud (LE)</p> <p>1:00 Bingo (LE)</p> <p>3:30 Entertainment by Melody & Praise – 1st Floor</p> <p>iN2L State Trivia (HHA)</p>	<p>Cowboy Month</p> 