Elder Homestead
A Senior Living and Care Community

MEMORY SUPPORT

Volunteers of America®
Making sure your loved one receives excellent care is your top priority. It's ours, too. Within Elder Homestead's intimate memory support household, men and women with memory loss move throughout their days enjoying the freedom to be active and social while experiencing structured, individualized care and supervision in a welcoming, appealing place to call home.

Elder Homestead features the perfect blend of residential memory support with customized health services and life enrichment programs. Our supportive, specially-trained staff take pride in enriching the lives of our residents by celebrating individuality, supporting choice and encouraging independence whenever possible. Family and friends are always welcome to spend time with their loved one and join them for meals, special events and celebrations.

Special Features

- Comfortable residences with managed access
- Thoughtfully designed bathrooms with walk-in shower and grab bars
- Kitchenette in each apartment
- Specially trained staff available 24 hours/day
- Licensed nursing

Added Conveniences
(Included in monthly rate)

- Three daily meals and snacks
- Emergency response pendant
- Weekly light housekeeping services
- All utilities except telephone
- Basic cable service
- Complimentary Wi-Fi
- Planned life enrichment activities and programs based upon individual interests
- Use of all community spaces
- Scheduled transportation for outings
- Apartment and building maintenance
- Professional management by Volunteers of America
- Month-to-month residency agreement

Rental Rates Summary

<table>
<thead>
<tr>
<th>Apartment Style</th>
<th>Square Footage</th>
<th>Monthly Rate</th>
<th>Second Occupant Fee</th>
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</thead>
<tbody>
<tr>
<td>Studio</td>
<td>315-421</td>
<td>$3,780 - $3,940</td>
<td>$570/month</td>
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<td></td>
<td></td>
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<td>(includes 3 meals/day)</td>
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Our philosophy of service and care embodies the very essence of dignity, quality of life and respect for the individual. Elder Homestead’s Memory Support program is designed specifically to caring for people with Alzheimer’s disease or other memory impairments. A tranquil, self-contained environment has been created to encourage independence and support choice.

Planned service coordination enables residents to receive the personal care they may need, together with equally important social interaction.

Commitment to Care and Service

We continually strive to provide the best support and care services and to make our community one that enriches, encourages and fulfills our residents’ daily lives.

Caring for individuals with cognitive loss requires special skills and training. At Elder Homestead, staff receives periodic up-to-date training to best serve our residents on a daily basis.

Family members are welcome anytime, and are included in making the transition to Elder Homestead seamless. There are ongoing opportunities for family and friends to stay involved in the resident’s day-to-day living.
Elm
Studio
409 sq. ft.

7 x 9

10 x 16

BATH
7 x 7-5

KITCHEN
7-9 x 10-6

LIVING AREA

Please ask about availability. Features, rates and amenities are subject to change.
MEMORY SUPPORT

Personal Care

Personalized memory support begins with a health care assessment provided by a registered nurse, who collaborates with each resident’s physician to develop individualized plans for health care and personal care services. An on-site registered nurse provides coordination for plans of care.

Admission to Home Care
- $350/one-time fee

Includes all assessments by a registered nurse, including admission assessments, development of an individualized plan of care and evaluation for appropriateness of home care programs.

Basic Service Package - Level I
— $2,840/month

Includes Registered Nurse oversight. Home Health Aides provide personal cares, medication monitoring and/or administration, laundry, and activity programming. Individual needs direction and/or verbal cueing to actual hands-on assistance with personal care, for example: dressing and grooming. Individual does not present any persistent inappropriate behavior patterns such as: hitting, yelling or kicking, disruptive social interaction in group settings, for example; dining room, living room or enrichment program. He/she is independent with ambulation. Incontinence is managed independently with appropriate use of incontinence products and/or verbal direction by Home Health Aides.

Enhanced Service Package - Level II
— $3,355/month

Includes all of the care and services included in the Basic Service Package - Level I plus the following:

HomeHealth Aides provide personal cares, medication monitoring and/or administration, laundry, and activity programming. Individual needs verbal cues to hands-on assistance with personal care. Bowel and/or bladder incontinence is managed with appropriate use of incontinence products and/or scheduled toileting required up to (3) times in a 24-hour period by Home Health Aides. Transfers and ambulates with maximum assist of (1) Home Health Aide. Inappropriate behaviors can be managed with verbal redirection. Individual is willing and able to participate in activities of daily living.

Advanced Service Package - Level III
— $3,775/month

Includes all of the care and services included in the Enhanced Service Package - Level II plus the following: Individuals requiring nursing service beyond administration of oral and topical medications, for example: accu checks as ordered by physician, filling of insulin syringes, Vitamin B12 injections, antibiotic injections, nebulizer treatments, wound care, unstable medical condition requiring frequent nurse intervention. Needs assistance with feeding, and requires assist of (2) to transfer or use of a mechanical lift. Bowel and bladder incontinence managed with appropriate use of incontinence product and/or scheduled toileting required up
to (6) times in a 24-hour period. Inappropriate behaviors can be managed with verbal redirection and/or professional intervention, for example: nurse or medical.

**Recuperating Service Package - Level IV**  
—  **$4,130/month**

Includes all of the care and services included in the Advanced Service Package - Level III, but is specifically designed for residents who had a recent hospital or nursing home stay and require more comprehensive nursing support and supervision. This includes residents who have been placed on Hospice services.

**A La Carte Services**

- Additional Housekeeping $9.50/15 minutes
- Move to new unit $250.00
- Guest Lodging $60.00/night
- Guest Meals $8.00/meal
- Room Tray Service $12.75

- Phone Service $20.00/month
- Private Storage Locker $25/month
- Bluestone On-Site Physician Medicare/Insurance
- Xray/Lab Services Medicare/Insurance
- Foot Soak/Nail Care $47.00

*All services are private pay. Prices subject to change.*

*Volunteers of America Home Health at Elder Homestead is licensed by the Minnesota Department of Health.*

*Rates are effective September 1st, 2019.*
Elder Homestead—
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Living and Care Choices

• Assisted Living
• Memory Support

Community Attractions

• Lovely walking trails
• Screened-in wrap-around porches for utmost relaxation
• Inviting community rooms and recreation rooms
• Beauty and barber salon
• Restaurant-style dining
• Robust Life Enrichment program
• Spiritual care services on-site
• Complimentary Wi-Fi

Elder Homestead is a smoke-free community.
Pets are welcome. Guidelines apply.

For more information about Elder Homestead or to schedule a welcome tour, please call 952.283.2600 or visit elderhomestead.org.