ANOKA REHABILITATION AND LIVING CENTER
Long-term Care and Memory Support

Embrace distinctive living and compassionate care designed to fulfill your desire for maintaining your highest levels of independence and health, while enjoying a warm, appealing place to call home.

Within the comfort of your spacious, earth-toned private suite and intimate care household, your day unfolds as you wish. Invite your family for a culinary treat in the soft, natural light of the private dining room. Enjoy coffee, snacks and an afternoon of games and lively conversation among friends. Or simply relax in the great room with guests or a favorite book. How you choose to live each day guides the ways we’ll help you enjoy life within Anoka Rehabilitation and Living Center.

Building relationships with people in our care is important to us. Getting to know you also helps us mesh the style of living you’re used to with an individualized plan for your health care, dining, social activities and more. Your specialist-led Optimal Care team of licensed nurses, certified nursing assistants, social work professionals and others relies on your input—and collaborates with your physician—to keep you your healthiest. Members of your care team are dedicated to nurturing your positive emotional health. Simply put: We care for you and those you love as we’d like our family members cared for.

Special Features
- Cozy household with inviting great room and charming dining room
- Private suites with personal kitchenette and bath or shared kitchenette and bath
- Kitchenette includes refrigerator and sink
- Thoughtfully designed bath with elevated toilet, roll-in shower and grab bars
- Barrier-free lift system in designated suites

Added Conveniences (Included in monthly rate)
- 24 hours/day licensed nursing staff and care attendants
- Three delicious meals and snacks served daily
- Menu selections created by culinary team and served restaurant style
- Innovative technology: electronic health record, electronic pharmacy coordination and urgent call system
- Wireless Internet
- The Homestead community channel
- Housekeeping and linen change
- Personal laundry services
- Life enrichment, educational and spiritual programs
- Concierge and guest services

Extra Services (Available for additional fee)
- Physician and nurse practitioner team (based on availability)
- Physical, occupational and speech therapies
- Telephone
- Cable service
- Beauty and barber salon
- General store

Quality In Living Today (QuILT)
Much like creating a quilt by selecting colorful fabric pieces to develop its design, in our QuILT program we choose from a variety of stimulating daily activities that add to the quality of our lives. When people in our care, their families, our staff and The Homestead community work together, we can support each other in consciously choosing activities that optimize health and wellbeing of mind, body and spirit.

The QuILT program also enhances individualized, structured daily care for those with memory loss. QuILT grants us an extraordinary opportunity to share Volunteers of America’s ministry of service, as well as to raise the standard for delivery of compassionate memory support.

Memory Support
The memory support program at Anoka Rehabilitation and Living Center offers a tranquil household where people with memory loss experience a structured schedule of daily care and activities, along with the everyday comforts of home. Specially trained staff are dedicated to the unique needs of each person, and attentively follow individualized plans of care. In addition, caregivers support the families of those with memory loss through resources which include social services, Validation, the QuILT program and Alzheimer’s support groups. When memory loss requires enhanced supervision, discreet managed-access technology throughout allows for dignified personal monitoring.

Validation
Imagine helping an agitated, disoriented person with Alzheimer’s disease become more peaceful and happier simply by talking and listening. Specially trained caregivers use an effective method of communication that calms people with memory impairment when they become disoriented. Validation can help families of individuals with memory loss, too. Volunteers of America is an Authorized Validation Organization (AVO).

Payment Options and More Information
A number of options are available for financing your stay. To discuss finance options, request information about care and services, or to schedule a tour for you and your family, please call our concierge at 763.528.6407.

Floor Plans
Private suites with personal kitchenette and bath

Private suites with shared kitchenette and bath

Floor plans shown depict a sampling of styles. Please ask about availability. Floor plans, features, amenities and rates subject to change without notice.
For more information about The Homestead at Anoka or to schedule a tour, please call 763.528.6400 or visit homesteadatanoka.org.

The Homestead at Anoka—A Senior Living and Care Community

The Homestead at Anoka is a community filled with possibilities. Set amid the trails of the Rum River in historic Anoka, you’ll find small town ease and sensibility, combined with the convenience and inspiration of a thriving, vibrant neighborhood.

At The Homestead, you can take comfort in knowing your needs can be met today and tomorrow, through an array of thoughtfully planned living choices and amenities.

Living and Care Choices

• Spacious, well-appointed independent living apartments
• Thoughtfully designed assisted living apartments
• Private, nurturing memory support residences
• State-of-the-art care center offering short-term rehabilitation; long-term care; cardiac care; and specialized memory support

Community Attractions

• Meditation chapel
• Rehabilitation clinic
• Fitness center
• Garden area
• Bistro
• General store
• Club lounge
• Walking trail
• Community room
• Complimentary Wi-Fi
• Restaurant-style dining
• Private dining room
• Beauty and barber salon
• Guest suite
• Outdoor courtyard

The Homestead at Anoka is a smoke-free community.

The Homestead at Anoka is a Volunteers of America community. Founded in 1896, Volunteers of America is a national, nonprofit, faith-based organization dedicated to helping those in need live healthy, safe and productive lives. Through hundreds of human service programs, including housing and health care, Volunteers of America touches the lives of more than 2 million people each year.