

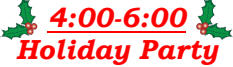




The Homestead at Anoka Assisted Living Calendar

DECEMBER 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
AR – Aerobics Room BL – Book Lounge CH1 – 1 st floor Chapel CH2 – 2 nd floor Chapel CL – Club Lounge CR – Community Room DR – Dining Room IL-Independent Living	*Sign up in Binder by Mailboxes ***Call 763-528-6462 Prior to Apt To Schl Doc Apt Ride \$ Money is needed <i>Foot Care Contacts Info in Binder by Mailboxes</i>	Be sure to check the weekly & the daily calendars for details & for any changes				1:00 Bingo - CR 3:30 Hot Chocolate Social - CL 
2 9:15 Worship – CH1 3:25 Vikings Game - CR 6:00 Bingo - CR	3 10:00 Staying Fit - AR 10:00 Guy Talk - CL 1:15 Pokeno Game - CR 2:30 Happy Hour - CR	4 <i>Elenore R. B-day</i> *9:00 Outing: Walmart \$ 10:30 Rosary – CH2 1:00 Water Color Painting Class – CR 3:00 Dominoes - CL 6:00 Bingo - CR	5 8:30 Pray Anoka Group-CH1 10:00 Outing: Season's Dinner Theatre 2:00 Zion Lutheran with Communion & Tone Chimes  4:00-6:00 Holiday Party	6 NO Doc Apt. Rides 9:30 Walking Group - CR 10:00 Catholic Service - CH1 10:00 Coffee Social - CL 12:45 Interfaith Devotions-CH1 2:00 Cribbage - CL 3:30 Tone Chime Choir – CH1	7 <i>Pearl Harbor Remembrance</i> 9:30 Catholic Mass-CH1 10:00 Staying Fit – AR 10:00 Guy Talk – CL 1:00 500 Card Game – CL 3:30 Manicures - CR 6:00 Bingo – CR	8 <i>Charles M.&Mary Ann M.B-day</i> 1:00 Bingo – CR 3:30 Treats & Trivia - CL
9 9:15 Worship – CH1 1:00 Movie Matinee - CR 6:00 Bingo –CR	10 10:00 Staying Fit – AR 10:00 Guy Talk – CL 1:15 Pokeno Game - CR 2:30 Happy Hour - CR 7:00 Fridley City Band Concert – IL 	11 <i>Robert W. B-day</i> *9:00 Outing: Target \$ 10:30 Rosary – CH2 2:15 Balloon Volleyball-CR 3:00 Dominoes – CL 6:00 Bingo – CR	12 8:30 Pray Anoka Group-CH1 10:00 Staying Fit - AR 12:45 Resident Council Meeting - CR 2:15 Treats, Chats & Knit with Debra - CL 3:15 Bingo - CR	13 ***9:00-2:30 Doc Apt. Rides 9:30 Walking Group - CR 10:00 Catholic Service - CH1 11:30 Birthday Party Buffet-DR 12:45 Interfaith Devotions-CH1 1:30 Roy Humbert Holiday Piano Music & Sing Along - IL 2:00 Cribbage - CL 3:30 Tone Chime Choir – CH1	14 10:00 Guy Talk – CL 1:00 500 Card Game - CL 2:30-3:30 Schwan's Truck-IL 3:00 Holiday Sing Along with Marissa - CR 6:00 Bingo - CR	15 1:00 Bingo – CR 2:00 Braven Music School Caroling – IL 3:30 Stretch with Svetlana – AR
16 9:15 Worship – CH1 12:00 Vikings Game-CR 4:00 Piano Recital – IL 6:00 Bingo – CR	17 <i>Cheryl Foot Care</i> 10:00 Guy Talk – CL 1:15 Pokeno Game- CR 2:30 Happy Hour – CR	18 <i>Warren D. B-day</i> *9:00 Outing: Walmart \$ 10:30 Rosary – CH2 1:00 Sweep Six Dice – CL 2:15 Staying Fit – AR 3:00 Dominoes – CL 6:00 Bingo – CR	19 8:30 Pray Anoka Group–CH1 9:30 Zion Lutheran – CH2 10:00 Staying Fit – AR 3:15 Bingo – CR	20 <i>Dean D. B-day</i> ***9:00-2:30 Doc Apt. Rides 9:30 Walking Group – CR 10:00 Catholic Service & Tone Chimes – CH1 10:00 Coffee Social – CL 12:30-3:30 Green Books Book Fair 12:45 Interfaith Devotions & Tone Chimes-CH1 2:30 Greet Neighbor Pie Social-DR *6:00 Outing: Holiday Lights Drive	21 <i>Winter Begins</i> 9:30 Catholic Service–CH2 10:00 Staying Fit – AR 10:00 Guy Talk – CL 1:00 500 Card Game – CL *2:30 Outing: Dollar Tree \$ 6:00 Bingo – CR	22 1:00 Bingo – CR 3:30 Tea Social – CL
23 9:15 Worship – CH1 6:00 Bingo – CR	24 <i>Christmas Eve</i> 10:00 Guy Talk - CL 10:30 Christmas Eve Service 1:15 Pokeno – CR	25 <i>Joyce W. B-day</i> 2:00 Dominoes - CL Merry Christmas 	26 8:30 Pray Anoka Group-CH1 *9:00 Outing: Target \$ 10:00 Staying Fit – AR 2:15 Treats, Chats & Knit with Debra - CL 3:15 Bingo - CR	27 ***9:00-2:30 Doc Apt. Rides 9:30 Walking Group - CL 10:00 Catholic Service - CH1 10:00 Coffee Social - CL 12:45 Interfaith Devotions-CH1 1:30 Staying Fit – AR 2:00 Cribbage - CL 2:30 Book Club - BL 3:30 Tone Chime Choir-CH1 6:00 Sing Along w/Svetlana – CH1	28 10:00 Staying Fit – AR 10:00 Guy Talk – CL 1:00 500 Card Game - CL 2:30-3:30 Schwan's Truck-IL 2:30 Movie Matinee - CR 6:00 Bingo - CR	29 1:00 Bingo – CR 3:30 Treats & Trivia - CL
30 9:15 Worship – CH1 12:00 Vikings Game-CR 6:00 Bingo – CR	31 <i>Jan W. & Mary Ellen L. B-day</i> 10:00 Staying Fit - AR 10:00 Guy Talk - CL 2:00 New Year's Party - CR					






The Homestead at Anoka, Independent Living Calendar DECEMBER 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Legend: CH – Chapel 1st Floor DR – Dining Room 1st Fl FR – Fitness Room 2nd Fl RL–Reception Lounge 1st Fl ALCR – Assisted Living Community Room AL – Assisted Living</p>	<p>*Sign up in Binder Front Lobby ***Call 763-528-6462 Prior to Apt To Schl Doc Apt Ride \$ Money is needed <i>Foot Care Contacts Info in Binder Front Lobby</i></p>	<h2 style="color: red;">Happy December Birthdays!!!</h2>		<p><i>Bistro Open Daily</i> 12:00-1:30 \$</p> 		<p>1:00 Sweep Six Dice Game - DR</p>
2	3	4	5	6	7	8
<p>9:15 Worship – CH 3:25 Vikings Game - CL</p>	<p>7:30-9:00 Continental Breakfast – DR 10:30 Sit/Stand Fitness – FR 1:15 500 card game – DR 4:00 Guy Talk – CL</p>	<p>*9:30 Outing: Walmart \$ 4:00 Wine & Cheese Social – DR</p>	<p>7:30-9:00 Continental Breakfast-DR 8:30 Pray Anoka Group - CH 10:00 Outing: Season's Dinner Theatre (for those that signed up prior) 2:00 Zion Lutheran Service with Communion & Tone Chime Choir – CH</p>	<p>NO Doc Apt. Rides 10:00 Catholic Service - CH 11:00 Book Club - CL 12:45 Interfaith Devotions-CH 4:00-6:00 Holiday Party</p> 	<p><i>Pearl Harbor Remembrance</i> 7:30-9:00 Continental Breakfast - DR 9:30 Catholic Mass - CH 10:30 Happy Hikers – DR 1:00 Bingo – DR 2:15 Meet with Your Manager Social – DR</p>	
9	10	11	12	13	14	15
<p>9:15 Worship – CH</p>	<p>7:30-9:00 Continental Breakfast - DR 10:30 Sit/Stand Fitness – FR 1:15 500 card game – DR 4:00 Guy Talk – CL 7:00 Fridley City Band Concert - RL</p>	<p>*9:30 Outing: Target \$</p>	<p>7:30-9:00 Continental Breakfast-DR 8:30 Pray Anoka Group - CH 10:30 Sit/Stand Fitness-FR 1:15 Music w/ Marissa – RL 2:15 Treats, Chats & Knit with Debra - AL 3:30 Celebrate December Birthdays – DR</p>	<p>***9:00-2:30 Doc Apt. Rides 10:00 Catholic Service - CH 12:45 Interfaith Devotions-CH 1:30 Roy Humbert Holiday Piano Music & Sing Along-RL 3:30 Pokeno Game – DR *5:30 Supper Buffet \$ - DR</p>	<p>7:30-9:00 Continental Breakfast - DR 10:30 Happy Hikers – DR 1:00 Bingo - DR 2:30-3:30 Schwan's Truck-RL</p>	<p>1:00 Penny Ante Game – DR 2:00 Braven Music School Caroling - RL</p>
16	17	18	19	20	21	22
<p>9:15 Worship – CH 12:00 Vikings Game - CL 4:00 Piano Recital, all are welcome to attend - RL</p> 	<p>7:30-9:00 Continental Breakfast – DR *12-3 Cheryl Foot Care \$ -FR 1:15 500 card game – DR 4:00 Guy Talk – CL *6:00 Outing: Holiday Scenic Lights Drive</p>	<p>*9:30 Outing: Walmart \$ 1:00 Water Color Painting Class, Give it a try! - DR 4:00 Wine & Cheese Social – DR</p>	<p>7:30-9:00 Continental Breakfast - DR 8:30 Pray Anoka Group – CH 10:30 Sit/Stand Fitness - FR 3:30 Ed's Bakery Break Social w/Pies from Baker's Square – DR</p>	<p>***9:00-2:30 Doc. Apt. Rides 10:00 Catholic Service & Tone Chimes - CH 11:00 Book Club – CL 12:30-3:30 Green Books Book Fair FREE books - ALCR 12:45 Interfaith Devotions & Tone Chimes - CH 3:30 Pokeno Game – DR *5:30 Supper Buffet \$ - DR</p>	<p><i>Winter Begins</i> 7:30-9:00 Continental Breakfast – DR 9:30 Catholic Service - 2nd Floor Care Center Chapel 10:30 Happy Hikers – DR 1:00 Bingo – DR 2:00 Movie Matinee & Snack - CL</p>	
23	24	25	26	27	28	29
<p>9:15 Worship – CH 12:00 Vikings Game - CL</p>	<p><i>Christmas Eve</i> 7:30-9:00 Continental Breakfast - DR 10:30 Christmas Eve Service - CH 1:15 500 card game – DR 4:00 Guy Talk – CL</p>	<p><i>Merry Christmas</i></p> 	<p>7:30-9:00 Continental Breakfast - DR 8:30 Pray Anoka Group - CH *9:30 Outing: Target \$ 10:30 Sit/Stand Fitness-FR 1:15 Music w/ Marissa – RL 2:15 Treats, Chats & Knit with Debra - AL</p>	<p>***9:00-2:30 Doc. Apt. Rides 10:00 Catholic Service - CH 12:45 Interfaith Devotions-CH 3:30 Pokeno Game – DR *5:30 Supper Buffet \$ - DR 6:00 Sing Along with Svetlana - CH</p>	<p>7:30-9:00 Continental Breakfast – DR 10:30 Happy Hikers – DR 1:00 Bingo – DR 2:30-3:30 Schwan's Truck-RL 2:00 Movie Matinee & Snack - CL</p>	
30	31					
<p>9:15 Worship – CH 12:00 Vikings Game - CL</p>	<p><i>New Year's Eve</i> 7:30-9:00 Continental Breakfast - DR 10:30 Sit/Stand Fitness – FR 1:15 500 card game – DR 4:00 New Year Wine & Cheese – DR 7:00 New Year Party - CL</p>					

The Homestead at Anoka

Memory Support Calendar

DECEMBER 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Legend:</p> <p>(LE) Life Enrichment</p> <p>(HHA) Home Health Aides</p>	 <p>Donna – 1st Bob D. – 5th Pat – 11th Robert W. – 11th Jan – 13th Judith – 19th</p>	<p>Be sure to check your weekly calendars for details & for any changes</p>				<p>1</p> <p>Balloon Ball (HHA) 11:00 Morning Stretch (LE) 1:00 Which Came First? (LE) "The Carol Burnett Show" – iN2L (HHA) 3:30 Decorate the Christmas Tree (HHA)</p>
<p>Hanukkah begins 2</p> <p>9:15 Sunday Worship with Riverdale Church – 1st Floor Chapel 11:00 Current Events (LE) 1:00 Word Games (LE) 3:30 Vikings Game Classic Radio Show (HHA)</p>	<p>3</p> <p>9:45 Toss 'n' Talk (LE) 10:30 Devotions with Pastor Bruce (LE) 11:00 Gingerbread House Assembly (LE) 1:00 Afternoon Walk (LE) 2:00 Gingerbread House Decorating (LE) iN2L Name That Sound (HHA)</p>	<p>December Dice Day 4</p> <p>9:45 Hymn Sing (LE) 10:30 Exercise Video (LE) 11:00 Dice Games (LE) 1:30 Guy Talk w/George (LE) 2:00 Reminisce w/George (LE) Brownie Break (HHA) iN2L Laughter (HHA) iN2L Name That Sound (HHA)</p>	<p>Walt Disney Day 5</p> <p>9:45 Devotions (LE) 10:30 Balloon Games (LE) 11:00 Did You Know? All About Disney (LE) 2:00 Zion Lutheran Communion Service – 1st Floor Chapel iN2L Karaoke (HHA)</p>	<p>6</p> <p>10:00 Catholic Service – 1st Floor Chapel 11:00 Music & Movement (LE) 12:45 Inter-Faith Devotions – 1st Floor Chapel 1:30 Guy Talk w/George (LE) 2:00 Exercise w/George (LE) Seasonal Trivia - iN2L (HHA)</p>	<p>7</p> <p>9:45 Catholic Mass - Chapel 10:30 Pedal Pushers (LE) 11:00 Scrooge Card Game (LE) 1:00 Bingo (LE) 2:00 Movie Matinee 3 of a Kind – iN2L (HHA)</p> 	<p>Brownie Day 8</p> <p>Current Events (HHA) 11:00 Name That Tune (LE) 1:00 Finishing Lyrics (LE) Matching Cards (HHA) iN2L Pastimes (HHA)</p>
<p>9</p> <p>9:15 Sunday Worship with Riverdale Church – 1st Floor Chapel 11:00 Sing Along 1:00 Holiday Singo (LE) Holiday Coloring Group (HHA)</p>	<p>10</p> <p>9:45 Balloon Games (LE) 10:30 Devotions with Pastor Bruce (LE) 11:00 Sweep 6 (LE) 1:30 Afternoon Walk (LE) 2:00 Cocoa & Cards (LE) 7:00 Fridley City Band Concert – IL 7:15 Vikings Game</p> 	<p>"Let it Snow!" Day 11</p> <p>9:45 Hymn Sing (LE) 10:30 Morning Stretch (LE) 11:00 Dice Games (LE) 1:30 Guy Talk w/George (LE) 4:00-6:00 Holiday Party – 1st Floor Dining Room</p> 	<p>12</p> <p>9:45 Devotions (LE) 10:30 Morning Walk (LE) 11:00 Match the Music (LE) Coloring Crew (HHA) 2:30 Christmas Cards (LE) Aquapainting (HHA)</p> 	<p>Cocoa Day 13</p> <p>10:00 Catholic Service – 1st Floor Chapel 11:00 Music & Movement (LE) 12:45 Inter-Faith Devotions – 1st Floor Chapel 1:30 Guy Talk w/George (LE) 2:00 Cocoa Social w/George What Did it Cost? – iN2L (HHA)</p>	<p>14</p> <p>9:45 Hymn Sing (LE) 10:30 Pedal Pushers (LE) 11:00 December EZ Does it Trivia (LE) 12:00 Bring-In Luncheon 1:00 Bingo (LE) 3:00 Holiday Sing-Along with Marissa - 1st Floor Community Room</p>	<p>Cupcake Day 15</p> <p>Tic-Tac-Toss (HHA) 11:00 iN2L Crosswords (LE) 1:00 Card Games (LE) Cupcake & Coffee Social (HHA)</p> 
<p>16</p> <p>9:15 Sunday Worship with Riverdale Church – 1st Floor Chapel 11:00 Current Events (LE) 12:00 Vikings Game 1:00 Seasonal Trivia – iN2L (LE) 4:00 Piano Recital – 1st Floor</p>	<p>17</p> <p>9:45 Morning Stretch (LE) 10:30 Devotions with Pastor Bruce (LE) 11:00 Conversation Cards (LE) 2:00 Birthday Party with Entertainment by Sheldon 4:00 Scrooge Card Game (LE)</p> 	<p>Nutcracker Day 18</p> <p>9:45 Hymn Sing (LE) 10:15 "A New Christmas Tradition" Story (LE) 10:45 Music & Movement (LE) 11:15 Nutcracker Story (LE) 1:30 Guy Talk w/George (LE) 2:00 Brain Games w/George "The Lucy Show" – iN2L (HHA)</p>	<p>19</p> <p>9:45 Devotions (LE) 10:30 Golf (LE) 11:00 Snowfall Painting (LE) 2:00 Chime Choir Performance (LE) 2:30 Pie Social (LE) Coloring Crew (HHA) December Fun Crossword Puzzle (HHA)</p>	<p>20</p> <p>10:00 Catholic Service – 1st Floor Chapel 11:00 Music & Movement (LE) 12:45 Inter-Faith Devotions – 1st Floor Chapel 1:30 Guy Talk w/George (LE) 2:00 Exercise w/George (LE)</p> 	<p>Winter Begins 21</p> <p>9:45 Hymn Sing (LE) 10:30 Pedal Pushers (LE) 11:00 Baking Christmas Cookies (LE) 1:00 Decorating Christmas Cookies (LE) 2:30 Movie Matinee, Pop & Popcorn (LE) Lights Drive (LE)</p> 	<p>22</p> <p>Balloon Ball (HHA) 11:00 What Did it Cost? (LE) 1:00 Cards & Coffee (LE) 2:00 Holiday Dancers Performance – MS Living Room iN2L Games (HHA) iN2L Laughter (HHA)</p>
<p>All Smiles Day 23/30</p> <p>9:15 Sunday Worship with Riverdale Church – 1st Floor Chapel 11:00 Morning Stretch (LE) 12:00 Vikings Game (23rd) 1:00 Which Came First? – iN2L (LE)</p>	<p>24/31</p> <p>Christmas Eve/New Year's Eve 9:45 Toss 'n' Talk (LE) 10:30 Christmas Eve Service – 1st Floor Chapel (LE – 24th) 11:00 Caroling (LE) 1:30 Twelve Days of Christmas Bingo (LE) 2:30 We've Got Rhythm (LE) iN2L Pastimes (HHA)</p>	<p>Christmas Day 25</p>  <p>Christmas Devotions (LE) Christmas Coloring (HHA) Holiday Sing-Along – iN2L (HHA)</p>	<p>Kwanzaa begins 26</p> <p>9:45 Devotions (LE) 10:30 Golf (LE) 11:00 What is It? (LE) 2:30 Remembering a Day in the Snow w/Treats (LE) "Roy Rogers Show" – iN2L (HHA)</p>	<p>27</p> <p>10:00 Catholic Service – 1st Floor Chapel 11:00 Music & Movement (LE) 12:45 Inter-Faith Devotions – 1st Floor Chapel 1:30 Guy Talk w/George (LE) 2:00 Brain Games w/George What Did it Cost? – iN2L (HHA)</p>	<p>28</p> <p>9:45 Devotions (LE) 10:30 Balloon Ball (LE) 11:00 Family Feud (LE) 1:00 Bingo (LE) iN2L State Trivia (HHA)</p> 	<p>29</p> <p>Tic-Tac-Toe Toss (HHA) 11:00 Name That Tune (LE) 1:00 Finishing Lyrics (LE) iN2L Opposites (HHA) iN2L Sing Along with Susie Q (HHA)</p> 